



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 35161, Caribou, shoulder meat, dried (Alaska Native)

Report Date: July 16, 2017 13:05 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ¹	g	33.81	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Energy	kcal	271	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Energy	kJ	1132	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Protein ¹	g	59.38	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Total lipid (fat) ¹	g	3.67	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Ash ¹	g	4.68	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Carbohydrate, by difference	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Sucrose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Glucose (dextrose)	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Fructose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006

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Lactose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Maltose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Galactose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Starch	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Minerals													
Calcium, Ca ¹	mg	14	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Iron, Fe ¹	mg	11.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Magnesium, Mg ¹	mg	62	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Phosphorus, P ¹	mg	550	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Potassium, K ¹	mg	810	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Sodium, Na ¹	mg	950	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Zinc, Zn ¹	mg	9.40	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Copper, Cu ¹	mg	0.780	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

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Manganese, Mn ¹	mg	0.110	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Selenium, Se ¹	µg	36.8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Thiamin ¹	mg	0.312	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Riboflavin ¹	mg	1.300	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Niacin ¹	mg	14.800	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Pantothenic acid ¹	mg	4.150	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamin B-6 ¹	mg	0.499	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Folate, total ¹	µg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Folic acid	µg	0	1	--	--	--	--	--	--	--	Assumed zero	--	07/2007
Folate, food ¹	µg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, DFE	µg	8	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2008
Choline, total ¹	mg	257.7	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Betaine ¹	mg	42.8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Vitamin B-12 ¹	µg	15.10	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Vitamin A, RAE	µg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Retinol	µg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Vitamin A, IU	IU	37	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Vitamin E (alpha-tocopherol) ¹	mg	0.07	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006

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Tocopherol, beta ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Tocopherol, gamma ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Tocopherol, delta ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2009
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
Vitamin K (phylloquinone) ¹	µg	0.0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Lipids													
Fatty acids, total saturated	g	1.586	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
8:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
10:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
12:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
14:0 ¹	g	0.060	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
15:0 ¹	g	0.015	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
16:0 ¹	g	0.861	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
17:0 ¹	g	0.030	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:0 ¹	g	0.604	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:0 ¹	g	0.008	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
24:0 ¹	g	0.008	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Fatty acids, total monounsaturated	g	1.201	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
14:1 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
15:1 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:1 undifferentiated ¹	g	0.076	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
17:1 ¹	g	0.015	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:1 undifferentiated ¹	g	1.087	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:1 ¹	g	0.023	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:1 undifferentiated ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
24:1 c ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Fatty acids, total polyunsaturated	g	0.370	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
18:2 undifferentiated ¹	g	0.211	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:3 undifferentiated ¹	g	0.068	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:4 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

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20:2 n-6 c,c ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:3 undifferentiated ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:4 undifferentiated ¹	g	0.045	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:5 n-3 (EPA) ¹	g	0.015	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
21:5 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:4 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:5 n-3 (DPA) ¹	g	0.023	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:6 n-3 (DHA) ¹	g	0.008	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Cholesterol ¹	mg	164	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 8k, 2004 Beltsville MD